

CORNERSTONE Clubs

 Children & Youth Programs

Cornerstone Playroom

For ages 6 months to 6 years | \$15 first child/\$10 each additional *FitKid members are free in Doylestown

Doylestown

Mon - Thurs: 8am - 2pm
4:30 - 8pm
Fri: 8am - 2pm
Sat: 8am - 12pm
Sun: 8:30am - 12pm

New Hope

Mon - Thurs: 8:30am - 1pm
4:30 - 8pm
Fri: 8:30am - 1pm
Sat: 8am - 12pm
Sun: 8am - 12pm

Warrington

Mon - Thurs: 8:30am - 1pm
4 - 8:30pm
Fri: 8:30am - 1pm
Sat: 8:30am - 1pm
Sun: 9am - 12pm

Policies:

- Please sign your child in upon arrival.
- For safety's sake, we request a photo of children and caregivers for our files.
- We require written permission if someone other than the parent or guardian is taking your child out of the playroom
- Drinks are permitted in a non-spillable, non-breakable cup clearly labeled with your child's name
- No snacks are permitted in the playroom
- You will be notified when a diaper change is absolutely necessary
- Help us maintain a healthy environment by keeping sick children at home

Youth Members

For ages 13 to 15 years |

Teens ages 13 - 15 are eligible for Cornerstone membership (adult individual or as a family membership add-on) and are permitted use of the fitness floor and access to group fitness classes upon completion of the Teen Orientation Program which includes the following three appointments:

- Orientation - introduction to cardio equipment, review of appropriate classes, gym etiquette and policies
- Teen Circuit - introduction to strength training equipment
- Teen Quiz & Review - teens passing a short quiz receive an orientation to the free weight area and training on lifting basics and safety

Intro to Spin is mandatory for all teens 13 - 17 who wish to take Spinning® classes.

Doylestown
215.794.3700

New Hope
215.862.2200

Warrington
215.918.5900

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FitKids in Doylestown

\$35 1st Child/\$24 Each add./\$55 Non-member | Includes monthly playroom membership & the following:

Morning Program (ages 2-6)

- Drop Offs are welcome - parents do not have to be present in the building during classes, but all children who are dropped off must be toilet trained
- Preschool classes: Mon - Fri | Sept. - June
9:30-11:00am

May include Yoga, Zumba, Joy of Learning, Fit & Fun and Beginner Rock Climbing
- Parents' Night Out - 2nd Friday of every month, 6:30- 9pm, \$25 value (FitKids are FREE!), includes dinner, craft, fun games and a movie
- SummerKids Special Rate - Must remain a FitKid member through the end of camp

After School Program (ages 5-11)

- Afternoon classes are 5:15-6pm from Nov. -March (ask for times); Includes Funky Fitness, Boot Camp, Game Fun, Gaga & more
- Parents' Night Out - 2nd Friday of every month, 6:30- 9pm, \$25 value (FitKids are FREE!), includes dinner, craft, fun games and a movie
- SummerKids Special Rate - Must remain a FitKid member through the end of camp
- "School's Out" morning programs - 9 - 11am on CBSD scheduled school holidays
- Rock Climbing Fun - evenings and weekends

Aquatics in Warrington

Private & Group Swim lessons | Developmental Swim Team

With the lowest instructor-to-swimmer ratio in the area and superior instruction and evaluation techniques, our program allows kids to learn and grow at a rapid rate!

Lessons are once per week, 40 minutes in length (Parent/Child—30 min); are available from beginner to advanced, from age 6 months to age 14+.

Cornerstone Vapors is a developmental swim team which meets 2X per week; for ages 6+ with previous swim team experience (those without may test with the Aquatics Director).

Private and semi-private lessons are also available. Please contact the Aquatics Department to schedule.

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