



FREE INTRODUCTORY CLASSES

At Cornerstone Clubs, we make getting started easy! Each month, we offer a variety of Introductory Classes absolutely FREE. All we ask is that you take the time to register in advance so instructors can plan their classes accordingly.

INTRO CLASSES FOR NOVEMBER, 2018

CLASS	DAY	DATE	TIME	INSTRUCTOR	LOCATION
Spin	Mon	11/5	5:00pm	Susan	Doylestown
Barre	Tues	11/6	6:45pm	Deanna	Doylestown
Tai Chi	Thur	11/8	8:45am	Chris	New Hope
Spin	Sat	11/10	9:45am	Barb	Warrington
Spin	Sat	11/10	10:30am	Barry	New Hope
Yoga	Sat	11/10	12:30-2:30pm	Colleen	Doylestown
Yoga	Sat	11/17	12:30-2:30pm	Colleen	Warrington
Spin	Sun	11/18	10:15am	Susan	Doylestown
Spin	Tues	11/20	7:30pm	Michael	New Hope
Spin	Thur	11/29	10:15am	Mary	New Hope
Barre	Thur	11/29	7:00pm	Patrice	New Hope

Registration required at least 3 hours prior to class - no walk-ins please.

To register: call Doylestown at 215.794.3700, New Hope at 215.862.2200 and Warrington at 215.918.5900.

CORNERSTONE Clubs