

DO YOU DARE . . . TRY SOMETHING NEW?

At Cornerstone Clubs, we encourage you to take a “flying leap” into something new! Sign up for one of our FREE introductory classes in **complete confidence** that **we’ve got your back**. Our staff is here to help you feel comfortable and be successful. All we ask is that you take the time to register in advance so instructors can plan their classes accordingly.

INTRO CLASSES FOR MARCH 2020

CLASS	DAY	DATE	TIME	INSTRUCTOR	LOCATION
Tai Chi	Thur.	3/5	8:30am	Chris	New Hope
Cycling	Sun.	3/8	10:15am	Susan	Doylestown
Tai Chi	Thur.	3/12	12:40pm	Chris	Doylestown
Cycling	Thur.	3/19	10:15am	Mary	New Hope
Cycling	Sat.	3/21	10:30am	Michael	New Hope
Cycling	Mon.	3/23	5:00pm	Susan	Doylestown
Tai Chi	Sat.	3/28	8:00am	Chris	Warrington
Yoga	Sat.	3/28	12:30 - 2:30pm	Colleen	Doylestown
Barre	Mon.	3/30	6:45pm	Deanna	Doylestown
Barre	Tues.	3/31	6:30pm	Patrice	New Hope

Registration required at least 3 hours prior to class - no walk-ins please.

To register: call Doylestown at 215.794.3700, New Hope at 215.862.2200
and Warrington at 215.918.5900.

CORNERSTONE
where healthy happens