



FREE INTRODUCTORY CLASSES

At Cornerstone Clubs, we make getting started easy! Each month, we offer a variety of Introductory Classes absolutely FREE. All we ask is that you take the time to register in advance so instructors can plan their classes accordingly.

INTRO CLASSES FOR JANUARY, 2019

CLASS	DAY	DATE	TIME	INSTRUCTOR	LOCATION
Spin	Sat	1/5	10:30am	Barry	New Hope
Yoga	Sat	1/5	12:30-2:30pm	Colleen	Warrington
Spin	Sun	1/6	10:15am	Susan	Doylestown
Barre	Tues	1/15	6:45pm	Deanna	Doylestown
Spin	Thur.	1/17	10:15am	Mary	New Hope
Tai Chi	Thur	1/17	11:30am	Chris	Doylestown
Spin	Sat	1/19	10:30am	Michael	New Hope
Spin	Mon	1/21	5:00pm	Susan	Doylestown
Yoga	Sat	1/26	12:30-2:30pm	Colleen	Doylestown
Barre	Thur	1/31	6:45pm	Patrice	New Hope

Registration required at least 3 hours prior to class - no walk-ins please.

To register: call Doylestown at 215.794.3700, New Hope at 215.862.2200 and Warrington at 215.918.5900.

CORNERSTONE Clubs