



## FREE INTRODUCTORY CLASSES

At Cornerstone Clubs, we make getting started easy! Each month, we offer a variety of Introductory Classes absolutely FREE. All we ask is that you take the time to register in advance so instructors can plan their classes accordingly.

## INTRO CLASSES FOR FEBRUARY, 2019

CLASS	DAY	DATE	TIME	INSTRUCTOR	LOCATION
Spin	Sat	2/2	10:30am	Barry	New Hope
Spin	Sun	2/3	10:15am	Susan	Doylestown
Barre	Tues	2/5	6:45pm	Deanna	Doylestown
Tai Chi	Thur.	2/14	11:30am	Chris	Doylestown
Spin	Sat.	2/16	10:30am	Michael	New Hope
Spin	Mon.	2/18	5:00pm	Susan	Doylestown
Spin	Thur.	2/21	10:15am	Mary	New Hope
Yoga	Sat	2/23	12:30-2:30pm	Colleen	Warrington
Barre	Thur	2/28	6:45pm	Patrice	New Hope

Registration required at least 3 hours prior to class - no walk-ins please.

To register: call Doylestown at 215.794.3700, New Hope at 215.862.2200 and Warrington at 215.918.5900.