



CENTRAL BUCKS



KARATE CLUB

At Cornerstone Doylestown



SATURDAY ONLY
Beginner Level Program
10:00 — 11:00am

Starting January 1, 2010, Cornerstone will be offering a one-hour Saturday Only Karate membership in addition to our other karate membership options.

Perfect for busy families, this membership offer is available to children ages 5 & up as well as adults!

Members: **ONLY \$24/month**

Non-members: **ONLY \$34/month**



Sensei Liddle has been training in Shotokan Karate since 1990 and currently holds the rank of 4th Degree Black Belt (Yodan) which he earned in May 2002. He received his First Degree Black Belt (Shodan) in 1993. He is a member of The Shotokan Karate Association (SKA). In 2002, CBK's founder retired and honored Sensei Liddle by presenting him with the Central Bucks Karate Club and a mission to continue the tradition and values that made the club so successful over the past 36 years.

Sensei Liddle has been teaching since 1993 and working with children and adults, teaching them the history and philosophy as well as the art of Shotokan Karate, building confidence and self-esteem.

My son Nicholas C-C has just made black belt. We've been with CB Karate Club for almost 10 years, and Cornerstone has made an absolute difference. We've felt welcomed, supported, and have enjoyed every minute of both karate and our club membership as a family at Cornerstone. We've never regretted leaving the Y, and are now very, very comfortable recommending Cornerstone to friends, family and church members.



Thanks for everything,
Marie Caron

**Nicholas
Black Belt
New CBK Instructor**

**For more information on our complete Karate program—
please click under “membership” on the Doylestown Home
Page and see “Karate Club”.**